



Please read these terms before your first session, then tick, sign and date the agreement below.

Before your session

1. Please arrive on time and ready to train.
2. Please wear suitable, clean trainers.
3. Please bring a water bottle and a towel to every session.

Your health

4. Please tell me about any change to your health or physical condition before your session starts.

Booking and payment

5. Once payment has been received, sessions can be booked up to one month in advance.
6. To move or cancel a session without being charged, please contact me at least 24 hours before it starts.
7. Sessions are valid for 12 months from the date of purchase. They can be used in person or, by arrangement, online.

Where we train

8. Thrive Gym: please meet me at Thrive Gym, Tunbridge Wells, at your session time.
9. Home visits: please make sure there is a clear space to train and that pets are settled in another room.

Client agreement

☐ I have read and agree to these terms and conditions.

Full name

Signature

Date

To sign on screen, type your full name in the signature box. You can also print, sign and return a photo or scan.